

# Steve Cartwright

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## Wise Words from Cedric the Snail

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Oh Hello, I'm pleased you've come  
I were just about to put t' kettle on  
Tek weight off legs, park up yer bum  
Tek coat off, sit ye down, come on !  
I'm Cedric and I'm a snail.  
I'm a Cheshire lad, and I come from Sale  
An I reckon it were meant t'be  
Yer'd `ave five minutes `ere wi' me.

Fer I can tell, jus' by yer face - yer flaggin' in the human race  
Sloooow down a bit, start wi' today  
More haste less speed, that's what I say.  
Life should be fun, as well yer know, not frantic  
Always on the go  
Dashin' `ere and rushin' there  
An' still you `ave noo time ter spare.

Sooo, listen to this lowly Snail, an' you will find the `oly grail  
Take her time, niver rush - git out yer car, and catch a bus  
Leave yer worries, let `em go, they'll sort `emselves  
They aluz do.

Think positive, goo with the floow.... Think Cedric, Not Geronimooo !!!